

# Essential Oils for Specific Chakras:

## **Root (or Base) Chakra : Balanced-Harmonious/Victim Mentality**

Blends: <sup>Le</sup>Believe, <sup>Le</sup>Connection, <sup>Le</sup>Millenia, <sup>Le</sup>Meditation, <sup>Le</sup>Moonlight, <sup>Le</sup>Unity, <sup>Le</sup>Patches, <sup>Le</sup>Vitality, <sup>Le</sup>Angel, <sup>Le</sup>Sanctuary

Singles: cedarwood, black pepper, chamomile Egyptian (absolute), cinnamon, clove, fir siberica, frankincense, myrrh, sandalwood, tea tree, thyme, ginger, frankincense, lavender

## **Sacral (or Navel) Chakra: Serenity-Self Awareness/Martyr-Loss of self to others**

Blends: <sup>Le</sup>Acknowledge, <sup>Le</sup>Believe, <sup>Le</sup>Moonlight, <sup>Le</sup>Sanctuary, <sup>Le</sup>Unity, <sup>Le</sup>Patches, <sup>Le</sup>Wisdom, <sup>Le</sup>Angel, <sup>Le</sup>Millenia

Singles: cedarwood, clary sage, cinnamon bark and berry, fennel, ylang ylang, coriander, zanthoxylum, tamala, nutmeg, tea tree, orange sweet, oregano, patchouli, sage, sandalwood, frankincense

## **Solar Plexus Chakra: Self worth-Confidence/Low self esteem-Easily manipulated**

Blends: <sup>Le</sup>Assurance, <sup>Le</sup>Believe, <sup>Le</sup>Connection, <sup>Le</sup>Crystal Clear, <sup>Le</sup>Magi, <sup>Le</sup>Angel, <sup>Le</sup>Energy, <sup>Le</sup>Patches, <sup>Le</sup>Unity, <sup>Le</sup>Millenia, <sup>Le</sup>Sanctuary

Singles: cedarwood, sandalwood, cypress, lavender, rosemary, palmarosa, clove, fir balsam, geranium, fir siberica, frankincense, rose geranium, lemon, lemongrass, spruce, black pepper, chamomile German, blue tansy

## **Heart Chakra: Love-Compassion/Resentment-Judgement**

Blends: <sup>Le</sup>Acknowledge, <sup>Le</sup>Believe, <sup>Le</sup>Beloved, <sup>Le</sup>Baby Me, <sup>Le</sup>Discernment, <sup>Le</sup>Energy, <sup>Le</sup>Faith, <sup>Le</sup>Millenia, <sup>Le</sup>Heart Song, <sup>Le</sup>Inner Peace, <sup>Le</sup>Kadence, <sup>Le</sup>Moonlight, <sup>Le</sup>Patches, <sup>Le</sup>Sego Lily, <sup>Le</sup>Solitude, <sup>Le</sup>Unity, <sup>Le</sup>Expressions, <sup>Le</sup>Angel, <sup>Le</sup>Sanctuary, <sup>Le</sup>Reconciliation, <sup>Le</sup>Wake-Up

Singles: cedarwood, rose, frankincense, myrtle, palmarosa, rose geranium, fir balsam, fir siberica, geranium, grapefruit, sandalwood, ylang ylang, jasmine, lavender, anthopogon, bergamot, chamomile German

## **Throat Chakra: Sincerity-Clear Communication/Suppression of Feelings**

Blends: <sup>Le</sup>Acknowledge, <sup>Le</sup>Angel, <sup>Le</sup>Believe, <sup>Le</sup>Benediction, <sup>Le</sup>Dreams, <sup>Le</sup>Expressions, <sup>Le</sup>Faith, <sup>Le</sup>Unity, <sup>Le</sup>Good-Nite, <sup>Le</sup>Heart Song, <sup>Le</sup>Kadence, <sup>Le</sup>Meditation, <sup>Le</sup>Patches, <sup>Le</sup>Sanctuary, <sup>Le</sup>Unity, <sup>Le</sup>Wisdom, <sup>Le</sup>Millenia

Singles: cedarwood, helichrysum, myrrh, sage, cypress, fir siberica, frankincense, peppermint, petitgrain, rosewood, sandalwood, basil, chamomile Egyptian, chamomile German, chamomile Roman

## **Brow Chakra: Intuitive (balanced analytical & creative)/Over Intellectualization**

Blends: <sup>Le</sup>Angel, <sup>Le</sup>Believe, <sup>Le</sup>Crystal Clear, <sup>Le</sup>Discernment, <sup>Le</sup>Dreams, <sup>Le</sup>Heart Song, <sup>Le</sup>Kadence, <sup>Le</sup>Meditation, <sup>Le</sup>Millenia, <sup>Le</sup>Patches, <sup>Le</sup>Sanctuary, <sup>Le</sup>Unity

Singles: cedarwood, rose geranium, juniper, angelica, melissa, ravensara, spruce, fir siberica, sandalwood, litsea cubeba, pine needle, tea tree, frankincense

## **Crown Chakra: Balance in all Chakras**

### **Light, Compassion & Spirituality/Proud, Arrogant, Self-Important**

Blends: <sup>Le</sup>Angel, <sup>Le</sup>Believe, <sup>Le</sup>Benediction, <sup>Le</sup>Discernment, <sup>Le</sup>Dreams, <sup>Le</sup>Heart Song, <sup>Le</sup>Magi, <sup>Le</sup>Meditation, <sup>Le</sup>Millenia, <sup>Le</sup>Patches, <sup>Le</sup>Reconciliation, <sup>Le</sup>Sanctuary, <sup>Le</sup>Unity, <sup>Le</sup>Vitality, <sup>Le</sup>Wisdom

Singles: cedarwood, jasmine, pine, melissa, neroli, spikenard, anthopogon, fir siberica, frankincense, lavender, sandalwood

<sup>Le</sup>Unity, <sup>Le</sup>Millenia, <sup>Le</sup>Believe, <sup>Le</sup>Patches, <sup>Le</sup>Sanctuary, and <sup>Le</sup>Angel bring all the chakras and meridians into balance. <sup>Le</sup>Patches seems to heal the broken places in both the chakras and meridians.